



The Foresters Arms

SUNDAY MENU

12pm-4pm

All of our dishes are homemade at The Foresters, using fresh, seasonal ingredients.

NIBBLES

Fried Padron Peppers 4 (v)(vg)(gf)(df) / **Mixed Olives 4** (v)(vg)(gf)(df)

Our Own Garlic Rosemary Focaccia, Olive Tapenade 5 (v)(vg)(df)(nuts)

STARTERS

Roasted Butternut Squash Soup, Toasted Hazelnuts, Homemade Focaccia 8 (v)(vg)(gfo)(nuts)

Traditional Baked Sussex Smokie, Crusty Sourdough 8.5

Crayfish & Prawn Cocktail, Vodka Spiced Cherry Tomatoes, Bread & Butter 9 (gfo)

Roast Squash & Sage Arancini, Braised Peppers, Balsamic 8 (v)(vg)

Sussex Scotch Egg, Locally Sourced Sausage Meat, Homemade Apple & Date Chutney 9

MAINS

Long Man Beer Battered Cod & Chips, Mushy Peas, Tartare Sauce, Lemon 17 (df)

Sussex 8oz Beef Burger, Brioche Bun, Tomato, Gherkin, Ale Braised Onions, Parsley Mayo, House Chips 17 (gfo)(dfo) (Add Cheese £1. Add Bacon £1)

Moules Mariniere, White Wine, Garlic & Parsley Cream, House Chips 20 (gf)

Herb Roasted Butternut Squash, Confit Tomato & Butterbean Cassoulet, Sprouting Broccoli 20 (v)(vg)(gf)(df)

SUNDAY ROASTS

All served with Seasonal Greens, Roast Potatoes, Gravy, Yorkshire Pudding

Beef Topside 22 (gfo) / **Leg of Lamb 22** (gfo) / **Pork Belly 20** (gfo)

Veggie Wellington (Roasted Sweet Potato, Peppers & Spinach) 18 (v)(vg)

SIDES

House Chips 4.5 / **Cheesy Chips 5.5** / **Sautéed New Potatoes 4.5**

Roasted Carrots, Horseradish & Rosemary 4.5

Tenderstem Broccoli, Confit Garlic & Shallots 4.5

House Salad, Baby Gem, Cherry Tomatoes, Red Onion, Cucumber, Rapeseed Vinaigrette 4.5

DESSERTS

Warm Dark Cherry Frangipane, Homemade Cherry Ripple Ice Cream 9 (v)(nuts)

Sticky Toffee Pudding, Vanilla Ice Cream, Butterscotch Sauce 8.5 (v)

Triple Chocolate Brownie, Mocha Ice Cream, Pine Nut Brittle 9 (v)(nuts)

Warm Treacle Tart, Clotted Cream 8.5 (v)(nuts)

Apple & Plum Crumble, Vanilla Custard 8 (v)(vgo)(gf)

Sussex Cheeses, Homemade Chutney, Crackers 12 (gfo)

Trio of Ice Creams 7 (vgo)

(v) vegetarian (vg) vegan (vgo) vg option (gf) gluten free (gfo) gf option
(df) dairy free (dfo) df option (nuts) contains nuts 'Option' = this dish can be adapted. Please ask for details